

# Once Upon A Table

## Brigit and The Wheel Pattern

[www.mamaroots.com](http://www.mamaroots.com)

### Story Table Projects



#### Supplies:

\*Reed, grass, straw or some other natural material that can bend and weave. Alternately you can use pipe cleaners, staws, or construction paper

\*Rafia

\*Scissors

\*Wood doll figure

\*Watercolor paints

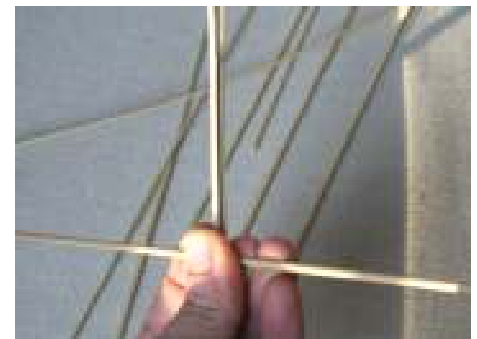
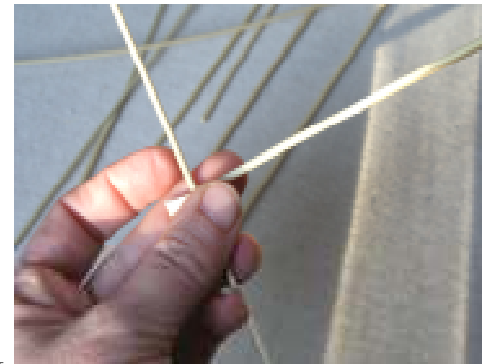
\*Beeswax polish

\*candle

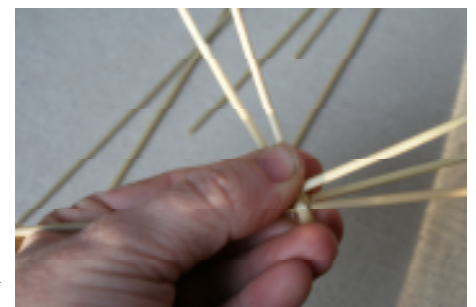


\*this is a free pattern— in the spirit of giving please do not use this for resale, but give all you want!

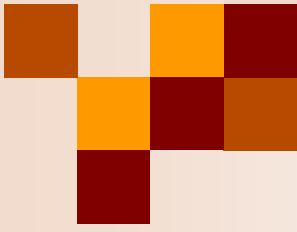
Step 1: Find the weaving material you would like to use. I used dried decorative grass from my yard. Reed, straw, fresh vines would all work well. If you do not have access to any of these you might try pipe cleaners or even construction paper. Depending on the size you want for your cross. I used 6-8 pieces that were about 8-12 inches. Hold one reed straight and bend another piece in the middle with the opening to the right.



Step 2: Turn your whole piece counterclockwise to the top and bend another piece in the middle again with the opening to the right. Keep repeating this process, turning the piece counterclockwise weaving your next piece with the opening to the right making sure to cover the entire row. I found this took some practice. This is another good spot for color coded direction.



[www.fisheaters.com/stbrigidscross.html](http://www.fisheaters.com/stbrigidscross.html)



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Step 3: Once the Cross is the desired size that you would like, lay it down on your work space and tie off each end with raffia.



Step 4: Find an unfinished wood doll at your local craft store. I also recommend Casey's Wood from Maine- [www.caseyswood.com](http://www.caseyswood.com)



I used a 2 3/8 x 7/8 people size. Drill a hole in the top of the head. The size of the bit will depend on the candle you are using. I used a 5/8 bit for a bigger beeswax candle.

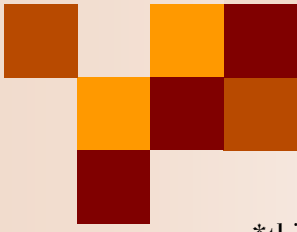


Step 5: After you drill your hole, paint Brigit to your liking. I used flaming red for her hair like fire, white for her dress like the last of the winter snow, and a touch of green sprouts like the beginning of spring on the bottom of her dress. I also kept her face featureless in the Waldorf tradition.



Step 6 After she dries, seal her up with some beeswax polish– you can make this with 1 part beeswax and 3 parts jojoba oil.

Step 7 Light the candle (always supervise open flames) and enjoy some Candlemas story fun!



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Brigit and her Wheel help us share the story of the release of winter pictured as the Old Woman or Grandmama Cailleach– as she drinks from the well of youth, the wheel is turned and she becomes Brigit– the young Bride of spring. A vibrant time of creativity and inspiration. Light a candle and tell some stories– celebrate the lengthening days and the buds yearning to sprout!.

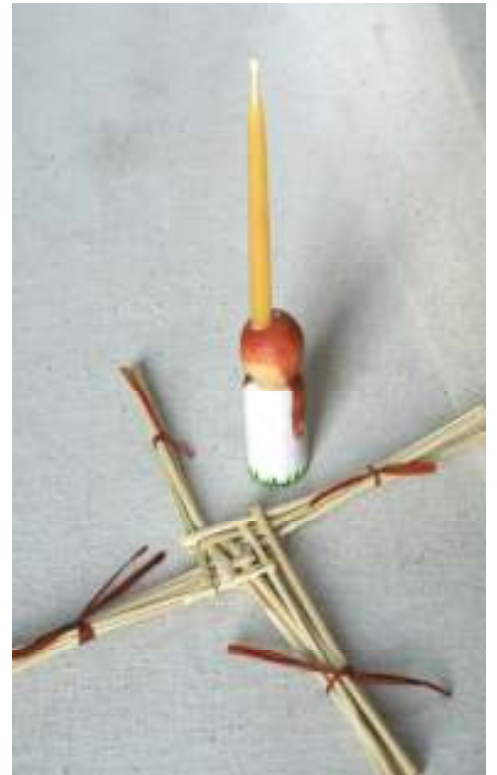
## Story Resources

Fireside Stories by Caitlin Matthews

\*The Cailleach of the Snows

Cailleach and Bride Folktale  
[www.geocities.com/kerrdelune/  
cailleach.html](http://www.geocities.com/kerrdelune/cailleach.html)

The Light Returns  
By Mike Nichols  
[www.ucc.ie/fecc/imbolc.html](http://www.ucc.ie/fecc/imbolc.html)



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